

Leader of the Pack Leader of the Pack

Saturday, May 12th
7:30AM



Be a Leader,
Come support
our students!

5K and Fun Run

Show Your School Pride...

- **Best School Participation Trophy (\$100 paid to winning school's principal)**
Awarded to the school with the most participants on the day of the race. Must be present at race. Sign up at school's table on day of race. Winning school determined by participation in any and all events, not times. Even Rocking Runners if present at sign in.

Events:

- **5K starts 7:30AM - Pre-registration \$20.**

Race day Registration \$25. (wicking shirts to 1st 150 registrants)

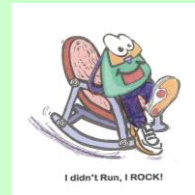
Special student rate of \$15 for the 5K up to the age of 18 yrs old. \$ 20 day of the race.

- **1 Mile Fun Run 8AM - Fun Run \$10**
- **Mail in Registrations must be postmarked May 7th**
- **Awards (1,2,3 Male/Female Overall 1,2 Masters)**
- **Medals 3 deep in 5 Year Age divisions**

14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59
60-64, 65-69, 70+

On-line Registration www.leadeofthepack5k.com or www.strictlyrunning.com thru May 13, 2011

Race Timing: It's about Time: www.runningtime.info



Make check payable: CISRC – PO Box 2134, Rutherfordton NC 28139

NAME: _____ MALE/FEMALE _____

ADDRESS: _____

CITY/STATE/ZIP: _____

PHONE: _____ EMERGENCY CONTACT NAME & NUMBER _____

AGE ON MAY 14TH _____ T-SHIRT SIZE S M L XL 2XL

ATHLETES RELEASE: In consideration of the participation in this running event, I hereby for myself, my heirs, executors, administration and assigns, release and discharge the sponsors, organizers, volunteers, agents, employees involved in the Leader of Pack run from any and all claims for any and all damages as a result of my participation in traveling to and participating in said event. I agree and acknowledge that I am in sound physical condition to participate in physical activity and specifically release any damages arising out of a result of my current physical state. I also give my permission for free use of my name and picture in any broadcast, newspaper or any other written account of the event.

SIGNATURE: _____

PARENT'S SIGNATURE: _____

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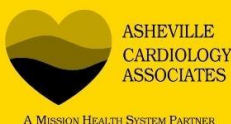
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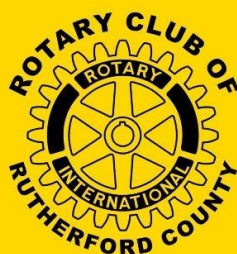
DON L. HEATH, CPA



HALEY AMMONS PERRY, OD
TRICITY OPTOMETRIC EYE CLINIC



Beth Sitton, CPA
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